

SHORELINE COMMUNITY COLLEGE DOLPHIN ATHLETICS HANDBOOK

Shoreline Community College

Dolphin Athletics Handbook

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Dear Shoreline student-athlete,

Welcome to Shoreline Athletics and GO PHINS!!!

The Shoreline Community College Athletic Department is devoted to the mental, physical and academic development of our students. It is our goal that all of our student-athletes receive the education they need to lead them to a successful life. We achieve this in a competitive setting that builds leadership and teamwork skills to benefit the student-athlete and anyone they come in contact with. We strive to develop Shoreline Dolphins who will be pillars of their community.

The Shoreline Athletic Department is a proud member of the Northwest Athletic Conference (NWAC), a conference of 36 community colleges in Washington, Oregon and Canada that strives to provide competition in a variety of sports. The Shoreline Athletic Department has seven teams and seeks to be in the upper half of our region in all of our sports. We strive to experience NWAC Championship competition each season.

The NWAC, Shoreline and the Shoreline Athletic Department are devoted to the best interests of the student-athlete. The coaches, Athletic Department staff and I are here to serve you and provide an atmosphere of teamwork and competition that pushes you and your team to reach for goals and standards that improve everyone involved in the program.

My door is always open to student-athletes concerning any issue. My goal is to see you and all Shoreline student-athletes succeed and move forward in your academic and athletic paths.

Thanks and GO PHINS!!!

Steve Eskridge
Director of Athletics

Shoreline Community College Athletic Department Mission Statement

"To provide an excellent quality academic and athletic experience that will prepare each student-athlete for life beyond athletics."



About Shoreline Intercollegiate Athletics

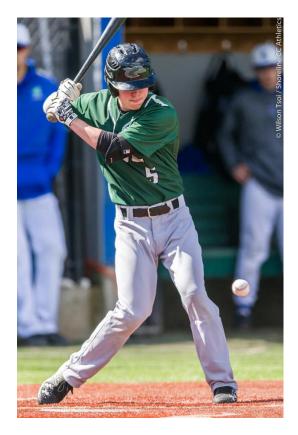
Shoreline Community College is a member of the Northwest Athletic Conference (NWAC). The NWAC headquarters is in Vancouver, WA. It is the intercollegiate athletic association that regulates and governs 36 member schools located across Washington, Oregon, and Canada.

The NWAC Official Code Book holds the rules that govern the athletic programs of the member schools. You may find the Code Book on their website nwacsports.org.

There are two athletic commissioners (one male and one female) that represent each member school. The executive director of the NWAC and each college's two athletic commissioners comprise the NWAC Athletic Commission. This group of leaders is responsible for interpreting and enforcing the rules set in the NWAC Official Code Book.

The current athletic commissioners representing Shoreline Community College are Steve Eskridge, Director of Athletics and Intramurals/Wellness, and Sydney Hinnebusch, Program Coordinator. The current NWAC executive director is Marco Azurdia.

For more information on NWAC visit www.nwacsports.org.



Responsibilities and Expectations of Shoreline Student Athletes

By joining the Shoreline Community College Athletic Department, you now represent the conference, college, and your team both on the playing field and in the classroom. At Shoreline, our student-athletes take pride in being leaders of the college. As leaders, student-athletes must adhere to and uphold all rules that govern our college, Athletic Department, and conference. All student-athletes are expected to uphold the regulations and procedures of the Shoreline Student-Athlete Handbook, the Shoreline student policies, the NWAC Code Book, as well as any other published rules and regulations by Shoreline or the NWAC. Shoreline Community College student-athletes are also required to follow any rules established by their coaches as they pertain to their individual team. The head coach has the right to implement disciplinary action for any perceived violation to team, college, or conference rules.

All Shoreline student-athletes must adhere to the following Code of Conduct to continue as leaders of the Athletic Department and college by promoting a positive representation of Shoreline Community College as well as the Athletic Department.

Sportsmanship

Unsportsmanlike conduct by anyone that is associated with Shoreline will not be tolerated and individuals may be subject to disciplinary action. Violations include, but are not limited to:

- Use of profanity, vulgarity, taunts, ridicules, or obscene gestures to team members, opponents, officials, spectators, or coaches.
- Any abuse directed towards any team member, opponent, official, spectator, or coach.
- Any public statement that has a negative reflection on Shoreline, the Athletic Department, NWAC or anyone associated with any of these institutions.



Drug and Alcohol Use

Shoreline Community College policy prohibits the unlawful use, sale, transfer, dispensing, or possession of controlled substances, alcohol or drugs that are not medically authorized. The possession or use of any of the above by a participant (student-athlete, coach, faculty, staff, or official) during any NWAC member college practice, competition or activity is prohibited and will result in the removal from that activity and may result in further disciplinary action. Any student-athlete involved in the use of illegal drugs or alcohol may face dismissal from the team and/or Shoreline, as well as legal action. All student-athletes are subject to the laws of the city of Shoreline, as well as state and federal laws.

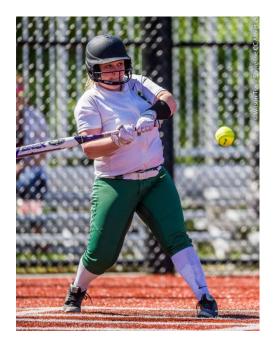
Tobacco Use

The use or possession of any form of tobacco by any participant (student-athlete,

coach, faculty, staff, or official) at any NWAC member college practice, competition or activity is prohibited and will result in the participant being removed from that activity and may result in further disciplinary action.

Injury and Illness

Any injury or illness suffered by a studentathlete must be immediately reported to a coach, Athletic Director, or athletic trainer. It is the student-athletes' responsibility to allow enough time to see the athletic trainer before a practice or competition. Student- athletes suffering from injury or illness are still subject to report to all practices and games unless previously excused by the coach.



Practice

Any student-athlete that misses a practice or game without being previously excused by the coach may be subject to disciplinary action.

Academic Planning

When you chose to attend Shoreline, you selected a college that is committed to serving your educational needs both in and outside of the classroom. Here at Shoreline, you are a student first and are responsible for taking ownership for your academics. The services described below are meant to augment and support your academic life and we encourage you to explore your student services and campus community. If planning to attend another institution after Shoreline, please discuss your plans with the athletic academic advisor and/or the Athletic Director. Meeting the minimum athletic eligibility standards does not necessary meet the transfer requirements for another institution. Do not hesitate to contact your advisor with any questions or to use any of the resources available to you at Shoreline. Your success is the reason we are here!

Academic Resources:

Name/Title	Office #	Phone	Email			
Steve Eskridge	3024-B	(206) 546-4553	seskridg@shoreline.edu			
Director of Athletics and Intramurals/Wellness and Men's Athletic Commissioner						

Steve Seki 5238 (206) 546-4559 sseki@shoreline.edu Athletic Academic Advisor

Academic Advisors

Located in FOSS Building, Room 5229 Phone: (206) 546- 4559 http://new.shoreline.edu/studentadvising/

Ray W. Howard Library

4000 Building Phone: (206)546-6939 http://www.shoreline.edu/library/

The Writing & Learning Studio

Located in Room 1501 Phone: (206) 546-4101 ext.4308 http://new.shoreline.edu/twls

Biology & Chemistry Center

Located in Room 4201 <u>www.shoreline.edu/apply-and-aid/learning-support-centers/biology-chemistry.aspx</u>

Business & Computer Software

Located in Room 1304 www.shoreline.edu/apply-and-aid/learning-supportcenters/business-computer-software.aspx

Disability Services

Located in Room 4302 Phone: (206) 546-4545

Physics

Located in Room 2923 www.shoreline.edu/apply-and-aid/learning-supportcenters/physics.aspx

Public Speaking

Located in Room 1530 www.shoreline.edu/apply-and-aid/learning-support-centers/public-speaking.aspx

Math Learning Center

Located in 4213 (in the library) Phone: (206) 546-5825 http://www.shoreline.edu/math/

Athletic Academic Center

Located in Room 3002 Phone: (206) 546-4745 Bottom floor of Gymnasium

Tutoring

Located in the Library Room 4228
Phone: (206) 546-4776 or www.shoreline.edu/apply-and-aid/learning-support-centers/tutoring.aspx

Veterans Programs

Located in Room 5226 Phone: (206) 533-6719

Athletic Eligibility

It is the student-athlete's responsibility to know and follow the rules of eligibility set by the NWAC and Shoreline.

- 1. You must either be a high school graduate or of a high school class which has graduated.
- 2. You must be currently enrolled in at least 12 credits each quarter.
- 3. You must have passed at least 10 credits the last quarter you were enrolled in college.
- 4. If you are a transfer student-athlete that participated for any other NWAC member school's athletic team you are not eligible for competition until after three quarters time has lapsed, not including summer school, after you left that school.
- 5. To play in your second season of any sport you must have at least 36 credit hours and have a minimum GPA of 2.00 during any quarter of participation.
- 6. You may not participate in the same sport for more than two years.
- 7. Participating in any regularly scheduled competition will cause you to be charged with one year of eligibility in that sport.
- 8. You may be declared ineligible if you represent any club, organization, or team other than your college team during your sports season.
- 9. If you are convicted for the use or sale of drugs, including anabolic steroids, you will be disqualified from participating in NWAC events and activities for one year.
- 10. If you transfer from a four-year college or non-member community college, you become eligible immediately provided you passed 10-quarter credits (10 semester credits) the last quarter in attendance and meet all other requirements of the NWAC Athletic Code.

During your season of participation, NEVER withdraw from a course without talking to your coach, advisor, and Athletic Director first. If at any time you are enrolled in less than 12 credits you will become INELIGIBLE immediately.

Physicals and Insurance

The NWAC Code Book requires ALL student-athletes to have a physical exam before participating in their first year of competition, after July 1 and prior to the first practice, before participating in a sport. Participation includes tryouts, practice, and competitions.

- Shoreline Community College student-athletes are covered by a group policy provided by the State of Washington and the NWAC. This plan is provided at NO COST to the student-athletes, student coaches, student managers, and student trainers.
- The plan covers student-athletes' participation in intercollegiate athletic games, practices, and travel to and from the athletic event under college supervision.
- If you or your family has medical insurance coverage, that insurance will be your primary coverage. This means that any bills must be submitted to your insurance first, then to the athletic insurance. If you do not have other accidental injury coverage, then the Shoreline sports injury insurance will be your primary coverage.
- This insurance does NOT cover ordinary health care needs (colds, flu, shots, etc.)
 Unless you have full coverage under your family's policy, you may wish to get
 other student insurance that is available to all full-time students on campus. For
 more information visit the front desk in the FOSS Building on campus or go to
 www.summitamerica-ins.com/wscc.
- There is a \$250 deductible per injury. After the deductible has been met, benefits are payable for medical expenses beginning within 90 days from the injury date and incurred within a 104-week period from the date of the accident, up to a maximum of \$25,000.



For other specifics regarding coverage benefits, exclusions, and limitations, please refer to the current brochure provided through the athletics office or the insurance website www.summitamerica-ins.com.

Financial Aid

All student-athletes must apply for federal and state financial aid through the Free Application for Federal Student Aid (FAFSA) 12 weeks prior to the beginning of each academic year. The FAFSA application can be found at www.fafsa.ed.gov. Shoreline Community College also requires the Financial Aid Data Sheet be submitted to the Shoreline Community College Financial Aid office.

In addition to federal or state financial aid, student-athletes may be eligible for one or more of the three types of financial awards coaches may provide to student-athletes:

- Scholarships (or grants-in-aid as referred to by NWAC): funded by the Shoreline Community College Athletic Department (up to 40% of in-state tuition).
- Waivers: a tuition/fee amount waived by Shoreline Community College (up to 25% of in-state tuition).
- Employment: funded by the Shoreline Community College Athletic Department.

The head coach of each sport, with approval from the Athletic Director, is responsible for determining athletic financial assistance for their respective student-athletes. The Shoreline Financial Aid Office is responsible for maintaining and monitoring financial aid records. Students that are State of Washington residents may also apply for Shoreline Community College scholarships at http://shoreline.edu/foundation/Scholarships.htm.

For more information on Shoreline Community College financial aid go to: http://new.shoreline.edu/financial-aid/

Athletic Scholarships and Waivers

To receive athletic aid and remain eligible for it, the student-athlete must be registered as a full-time student (minimum of 12 credit hours) at Shoreline and maintain a cumulative 2.00 GPA. The maximum amount that can be awarded shall not be more than the maximum allowed by NWAC.

- Athletic financial assistance is awarded on a quarterly basis, if not superseded by a NWAC letter of intent, provided that at all times the student-athlete remains academically eligible and meets Shoreline Community College eligibility requirements.
- If a student-athlete fails to earn a minimum of 12 credit hours and/or their cumulative GPA drops below 2.00 in any quarter, they will be placed on probationary status. Athletic scholarships can be taken away during the probationary quarter. A student-athlete will be taken off probation upon meeting the 12 credits and 2.00 cumulative GPA requirements at the end of the probationary quarter.
- Head coaches will clearly communicate any scholarship renewals, increases, reductions or cancelations with each student-athlete affected immediately following the end of the season or at any time the status changes.
- Grants-in-aid may be given only to students from Washington, Oregon, Montana, Alaska, British Columbia, California, Idaho, Nevada, Utah, Wyoming, and Hawaii as stated in NWAC Official Code Book.

Acceptance of any financial aid/scholarships from outside sources must be processed through Shoreline's Financial Aid Office and meet NWAC Official Code requirements.

Athletic Employment

Student-athletes may be awarded athletic employment according to the availability of funds. A student-athlete may earn up to \$2,000 in grants per year. A student-athlete can work up to an average of 19 hours per week. The total possible earning amount is not guaranteed. Student-athletes must obtain employment from the Shoreline Athletic Department and work the hours required to receive these earnings.

- All student-athlete employment is to be performed on campus as assigned and supervised by college employees.
- The hours stated on the time sheets and acknowledged by the student and supervisor must be the actual hours that were worked. Federal legislation provides a stiff penalty for falsifying time sheets.



Travel Policy

Student-athletes are expected to travel with their respective teams via college-authorized vehicles to and from all off-campus intercollegiate athletic events unless prior arrangements have been made and approved by the Athletic Director.

Student-athletes are expected to be aware of and accept the responsibility of representing Shoreline in a positive manner and adhere to the following:

- Instructors shall be informed prior to the trip and all efforts must be made to assure assignments are complete on time.
- Be on time at scheduled departure times and locations.
- All members are to eat at the designated time and place unless otherwise excused by the coach.
- Curfews as directed by the coach are to be strictly obeyed.
- Must pay any personal expenses (such as phone calls or internet access at hotels) during overnight stays.
- Adhere to all rules set by the coach as they pertain to the trip.

If a student-athlete wants to provide his or her own transportation to an off-campus athletic event or travel with their parents or legal guardian permission must first be secured from the head coach.



Harassment and Sexual Harassment

Shoreline student-athletes are part of a culturally and socially diverse community and are expected to respect the dignity and sensitivity of all members of this community regardless of their nationality, ethnicity, cultural background, sexual orientation, gender, age, ability, or creed.

Actions that intentionally intimidate, humiliate, or demean individuals or groups are unacceptable and will not be tolerated. Student-athletes are expected to contribute to an environment that promotes community spirit and develops positive understanding and interactive relationships.

Along with the policies of Shoreline, the Shoreline Athletic Department is committed to supporting an environment that is free from exploitation and intimidation. Below is the Shoreline General Policy on Sexual Harassment:

According to College Policy #4113, sex discrimination in the form of sexual harassment will not be tolerated and the perpetrator will be disciplined. The policy defines sexual harassment as:

- 1. Unwelcome sexual advances
- 2. Subtle pressure for sexual activity
- 3. Unnecessary brushes or touches
- 4. Offensive sexual graffiti
- 5. Offensive, disparaging remarks about gender
- 6. Physical aggression, including but not limited to pinching, patting, or grabbing
- 7. Sexual innuendos
- 8. Written communications with sexual overtones
- 9. Verbal sexually abusive remarks, even if disguised as humor
- 10. Obscene gestures

According to this policy, sexual harassment occurs when an individual's work or educational experience is hampered by the unwanted and/or offensive sexual attentions of a perpetrator. This perpetrator can be another student, faculty member, or a staff member.

For information about how to file a complaint, contact the Title IX Coordinator: Tricia Lovely, Office: 1016, Phone: (206) 533-6746. When a student has a complaint against another student, the student should contact the Director of Athletics: Steve Eskridge, Office: 3024 B, Phone: (206) 546-4553.

Disciplinary Policies

Student-Athlete Discipline Policy

As a student-athlete you are a highly visible representative of your team and Shoreline Community College. It is imperative that you conduct yourself in an appropriate manner whether it is during competition, in the classroom, or within the social settings of your campus life and community. Integrity, respect for the person and property of others, and a commitment to your own personal developments as an individual of strong character are our shared goals.

Therefore, in addition to any Shoreline Community College sanctions that may be imposed for misconduct, student-athletes may be considered for suspension from participation in intercollegiate athletics for, but not limited to, any of the following:

- Violation of Federal, State, NWAC or Shoreline rules.
- Arrest for any crime.
- Possession of any illegal drug, including alcohol.
- Unauthorized possession of any steroid.
- Involvement in gambling and/or bribery.
- Fighting with, threatening the safety of or harassing any individual.
- Stealing money or property from the lawful owner.
- Destruction of Shoreline property or other property.
- Unauthorized entry into any Shoreline building (including the gym).
- Acts of moral misconduct, including rape.
- Any conduct which interferes or disrupts the normal operations of Shoreline.
- Any conduct that reflects unfavorably upon Shoreline or its Athletic Department.

Suspension

Suspensions imposed may range from one day, one or more games, removal from the team, or the cancellation or non-renewal of a student-athletes grant-in-aid depending upon the severity of the misconduct and the surrounding circumstances. The suspension imposed may be indefinite pending the outcome of an investigation, hearing or other future event. The cancellation or non-renewal of a student-athletes grant-in-aid for any act of misconduct will be done in accordance with NWAC and Shoreline regulations.

Should a student-athlete believe that he or she may have a grievance subject to appeal, that student-athlete may file a written complaint with the Athletic Director that sets out the specifics of the grievance. The Athletic Director will hold an informal meeting with the student-athlete and/or the student-athlete's head coach, after which a written determination regarding the standing of the student-athlete will be provided to the student-athlete and the head coach. If the student-athlete finds the Athletic Director's determination to be unacceptable, an appeal may be carried on to the VP for Students, Equity & Success depending on the nature of the grievance.

Disciplinary Appeals

Suspension Procedure – Right to Informal Hearing

Any student-athlete dissatisfied with the determination of the Athletic Director following the initial meeting shall have the right to a brief adjudicative hearing if a written request for such a hearing is received by the VP for Students, Equity, & Success, within three days of receipt of a declaration of further athletic ineligibility. If no written request is received within three days after receipt of the declaration of athletic ineligibility, the student will be deemed to have waived any right to a brief adjudicative hearing and will be declared ineligible for further participation in any intercollegiate athletic events for the remainder of the school year.

Hearing

If a timely written request for a hearing is made, the VP for Students, Equity, & Success, shall designate a hearing officer who shall be a college officer who is not involved with the Athletic Department to conduct the brief adjudicative hearing. The hearing officer shall promptly conduct the hearing and permit affected parties to explain both the college's view of the matter and the student's view of the matter. The brief adjudicative proceeding shall be conducted in accordance with RCW 34.05.482-494, the Administrative Procedure Act.



Decision

The college official who acts as hearing officer shall issue a written decision, which shall include a brief statement of the reasons for that decision and a notice that judicial review may be available. All documents presented, considered, or prepared by the hearing officer shall be maintained as the official record of the brief administrative proceeding. A decision must be promptly rendered after the conclusion of the brief adjudicative hearing and in no event later than 20 days after the request for hearing is received by the VP for Students, Equity & Success.

Shoreline Community College withholds the right to take separate disciplinary action under the Student Code of Conduct.

For more details on Shoreline policies please visit: http://new.shoreline.edu/currentstudents/student-policies.aspx

Summary

The information contained in this handbook is not intended to be all-inclusive. Shoreline Community College student-athletes are encouraged to speak with his or her coach whenever any problem, concern or question arises regarding their academic or athletic experiences at Shoreline.



Shoreline Athletic Department Staff Directory

ADMINISTRATORS

President of Shorelin Dr. Jack Kahn	ne Community College 1000 bldg.	(206) 546-4552	jkahn@shoreline.edu
Director of Athletics Steve Eskridge	and Intramurals/Well	Iness, Men's Athletic ((206) 546-4553	Commissioner seskridg@shoreline.edu
Women's Athletic Co Sydney Hinnebusch	ommissioner 3010-C	(206) 546-4745	shinnebusch2@shoreline.edu
Dean of Student Sup Derek Levy	port & Success 5216	(206)546-4544	dlevy@shoreline.edu
Program Coordinato Sydney Hinnebusch	r 3024	(206) 546-4745	shinnebusch2@shoreline.edu
Athletic Academic A Steve Seki	dvisor 5238	(206) 546-4548	sseki@shoreline.edu
COACHES Men's Basketball Head Coach Assistant Coach	3024-D Aaron Skeem Terrance King	(206) 546-4682 (206) 753-9043	askeem@shoreline.edu tking@shoreline.edu
Women's Basketball Head Coach	_	(206) 533-6654 (425)346-1797	rwalker@shoreline.edu
Baseball Head Coach Assistant Coach Assistant Coach	3024-J Dave Snell Dru Snell Brady Summers	(206) 533-6742 (206) 730-1239	dsnell@shoreline.edu dsnell2@shoreline.edu bsummers@shoreline.edu
Softball Head Coach Assistant Coach	3024-E Tiffany Garcia Cassandra Hill	(206) 546-4525 (206) 407-8788 (206) 546-4525	tgarcia@shoreliine.edu chill@shoreline.edu
Women's Soccer Head Coach Assistant Coach	3024-I Shaun Warner Val Seid	(206) 546-4521 (206) 546-4609	swarner@shoreline.edu vseid@shoreline.edu
Men's Soccer 3024-I Head Coach Assistant Coach	Shaun Warner Tai Po-DuBois	(206) 546-4521 (206) 546-4609	swarner@shoreline.edu tpo@shoreline.edu
Volleyball Head Coach Assistant Coach	3010-C A'Laisia Redden Josephine Dalrymple	(206) 533-6653 (360) 610-6999 (253) 222-7975	aredden@shoreline.edu jdalrymple@shoreline.edu